

Autism

A speech-language pathologist can help.

Autistic people are not a uniform group. Each Autistic person has needs and challenges that are unique to them. For this reason, **collaborative care** is key to helping them reach their individual goals.

As professionals who have specialized knowledge in the assessment and treatment of communication and social interaction, **speech-language pathologists (S-LPs)** are essential to supporting Autistic individuals and their families across the lifespan.



Here are four ways that S-LPs support Autistic individuals:



Provide in-depth speech, language, and communication assessments.

These assessments determine the nature of an individual's communication strengths and challenges.

Provide evidence-informed interventions.

S-LPs do not “cure” or “treat” autism. They do provide individualized supports to increase participation and support communication needs using a variety of techniques and approaches.



Coach and educate.

S-LPs work with Autistic individuals and people in their support system including their families to better understand the nature of their communication differences.

Work collaboratively.

S-LPs work with Autistic individuals, their families, and other professionals, recognizing that the best support system comes from a collaborative care team with diverse knowledge and expertise.



Make sure an S-LP is part of your care team.

Visit [SAC-OAC.CA](https://www.sac-oac.ca) to learn more.